

Analysis of the Role of "Body Position" in the Formation of Cognition (Based on Islamic philosophy)

Ahmad Shahgoli*

DOI: 10.22096/ek.2025.2042833.1570

Received Date: 07/10/2024 - Accepted Date: 15/04/2025

Abstract

Body state, in its various forms, influences human cognition and plays a significant role in shaping our perceptions. "Body state" refers to the different bodily positions and conditions that directly and indirectly affect the formation of cognition and knowledge. Body state includes things such as the mind's preoccupation with the body, bodily configuration, temperament, nutrition, and geographical conditions of the body. Each of these can, in turn, affect the limitations of cognition, cognitive distraction from important matters, the orientation of cognition towards specific issues, the strengthening or weakening of cognition, and ultimately, the quality of our perceptions.

Based on the principles of Islamic philosophy, the manner of this influence is preparatory and enabling. This means that the body state provides a background for cognition to take shape in a particular way. The aim of this research is to explain and analyze the role of body state in the formation of cognition, seeking to answer the question of how different body states affect the cognitive process. Clarifying this issue creates new approaches in epistemological discussions from the perspective of Islamic philosophy and offers novel viewpoints in this field. The method of data collection is library-based, and the inference method involves description and rational analysis.

Keywords: Body; Body Posture; Cognition; Perception; Relativity of Cognition.

* Associate Professor, Iranian Institute of Philosophy, Tehran, Iran.
Email: shahgoli@irip.ac.ir



Bibliography

- Ahanchi, Omid, and Mohammad Saecedimehr. "Rereading the Concept of Temperament Based on the Modern Medicine." *Philosophy of Science*, no. 2 (2012): 1–23. [In Persian]
- Akhawaynī, Rabīʿ ibn Aḥmad. *Hidāyat al-Mutaʿallimīn fī al-Ṭibb*. 2nd ed. Mashhad: University of Mashhad, 1992. [In Arabic]
- Allāmah Majlisī. *Bihār al-Anwār*. Vol. 110. Tehran: Islāmiyeh Tehran, [n.p]. [In Arabic]
- Āmidī, ʿAbd al-Wāḥid. *Sharḥ Gharar al-Ḥikam wa Durar al-Kalām*. Tehran: University of Tehran, 1994. [In Persian]
- Carrel, Alexis. *Man, the Unknown*. Translated by Parvīz Dabīrī. Tehran: [n.p], 1975. [In Persian]
- Fārābī, Abū Naṣr. *Arāʾ Ahl al-Madīnah al-Fādilah wa Mudaddatihā*. Beirut: Lebanon, 1954. [In Arabic]
- Fārābī, Abū Naṣr. *Fusūs al-Ḥikām*. 2nd ed. Qom: Bīdār, 1984. [In Arabic]
- Ibn Khaldūn, ʿAbd al-Raḥmān. *Al-Muqaddimah*. Translated by Parvīn Gonābadī. Tehran: ʿIlmī wa Farhangī, 1990. [In Persian]
- Ibn Sīnā, Ḥusayn ibn ʿAbd Allāh. *Al-Ishārāt wa al-Tanbīhāt*. 1st ed. Qom: Nashr al-Balāghah, 1996. [In Arabic]
- Ibn Sīnā, Ḥusayn ibn ʿAbd Allāh. *Al-Nafs min Kitāb al-Shifāʾ*. Edited by Ḥasan Ḥasanzādah Āmulī. 1st ed. Qom: Būstān-e Kitāb, 1996. [In Arabic]
- Ibn Sīnā, Ḥusayn ibn ʿAbd Allāh. *Al-Qānūn fī al-Ṭibb*. 1st ed. Beirut: Dār Iḥyāʾ al-Turāth al-ʿArabī, 2005. [In Arabic]
- Ibn Sīnā, Ḥusayn ibn ʿAbd Allāh. *Al-Shifāʾ - Ṭabīʿiyāt*. Qom: Marʿashī Najafī, 1983–1984. [In Arabic]
- Ibn Sīnā, Ḥusayn ibn ʿAbd Allāh. *Al-Taʿlīqāt*. Qom: Daftar-e Tablīghāt-e Islāmī, 2000. [In Arabic]
- Ibn Sīnā, Ḥusayn ibn ʿAbd Allāh. *Rasāʾil*. Qom: Bīdār, 2021. [In Arabic]
- Ikhwān al-Ṣafāʾ. *Rasāʾil Ikhwān al-Ṣafāʾ*. 1st ed. Beirut: al-Dār al-Islāmiyyah, 1991. [In Arabic]
- Khodārahmī, Sāmāk, and ʿAbbās Gharīb. *The Concept of Psychological Health*. Mashhad: Jāvīdān Kheradzabān, 1996. [In Persian]

- May, Richard. Sakht, PadidAyi va Tahavvol-e Shakhsiyat. Translated by Maḥmūd Mansūr-zabān. Tehran: University of Tehran, 2001. [In Persian]
- Moṭahharī, Mortazā. *Deh Goftār*. 23rd ed. Qom: Ṣadrā, 2006. [In Persian]
- Moṭahharī, Mortazā. *Majmū'ah-ye Asār: Vol. 13*. Tehran: Ṣadrā, [n.p]. [In Persian]
- Nāghdehkār, 'Abdulhamīd, Mahdī Nāghreh Ḥamzehnejād, and Moḥsen Dehqānī Ṭāftī. "The Impact of Natural Environment on Behavior and Ethics from the Perspective of Islamic Thinkers and Its Results in Designing the Artificial Environment." *Armānshahr Journal* 5 (2010): 79–96. [In Persian]
- Nāyījī, Moḥammad Ḥosayn. *Sharḥ va Tarjumah-ye Ketāb-e Nafs-e Shifā'*. Qom: Mu'assasah-ye Imām Khomeinī, 1st ed. 2008. [In Persian]
- Nūrī, Ḥusayn ibn Muḥammad Taqī. *Mustadrak al-Wasā'il*. Qom: Mu'assasah-ye Āl al-Bayt, 1987. [In Arabic]
- Sadr al-Dīn, Muḥammad ibn Ibrāhīm (Mullā Ṣadrā). *Al-Hikmah al-Muta'ālīyah fī al-Asfār al-Arba'ah*. Vols. 1–9. Beirut: Dār Ihya' al-Turāth al-'Arabī, 1981. [In Arabic]
- Sadr al-Dīn, Muḥammad ibn Ibrāhīm (Mullā Ṣadrā). *Al-Mabda' wa al-Ma'ād*. Edited and with an introduction by Sayyid Jalāl al-Dīn Ashtīānī. Qom: Būstān-e Kitāb, 2001. [In Arabic]
- Sadr al-Dīn, Muḥammad ibn Ibrāhīm (Mullā Ṣadrā). *Kasr Asnām al-Jāhilīyah*. 1st ed. Tehran: Bonyād-e Ḥekmat-e Islāmī-ye Ṣadrā, 2002. [In Arabic]
- Sadr al-Dīn, Muḥammad ibn Ibrāhīm (Mullā Ṣadrā). *Maḥāṣin al-Ghayb*. Tehran: Mu'assasah-ye Mutāle'āt wa Taḥqīqāt-e Farhangī, 1984. [In Arabic]
- Suhrawardī, Shihāb al-Dīn Yaḥyā. *Majmū'ah-ī Musannafāt-ī Shaykh Ishrāq*. Edited and with an introduction by Henry Corbin. 3rd ed. Tehran: Pazhuheshgāh-e 'Ulūm-e 'Insānī wa Motāle'āt-e Farhangī, 2001. [In Persian]
- Ṭabāṭabā'ī, Muḥammad Ḥusayn. *Barrāsīhā-ye Islāmī*. Qom: Būstān-e Kitāb, 2009. [In Persian]
- Warrām, Mas'ūd ibn 'Isā. *Majmū'ah-ye Warrām*. Mashhad: Astān Quds Razavī, Bonyād-e Pazhūhesh-hāye Islāmī, 1990. [In Persian]